

Nutrition Summary of de Spa Chocolates

Product	Serve Size	Energy(Kj)	Protein(g)	Fat, Total	(Fat,Satura	Carbohydr	Sugars(g)	Sodium(m
Plain Dark (71%)	100g	2132	8.3	31.6	24.3	31.6	27.3	83
Plain Dark (56%)	100g	2223	5	36	22	46	44	106
Plain Milk	100g	2331	7	36	22	51	50	109
Plain White	100g	2348	4	34	21	60	60	67
Chocolate Bar								
Plain Dark Choc Bar 50g		1066	4.15	15.8	12.15	15.8	13.65	41.5
Plain Dark Choc Bar 50g		1111.5	2.5	18	11	23	22	53
Plain Milk Choc Bar 50g		1165.5	3.5	18	11	25.5	25	54.5
Plain White Choc Bar 50g		1174	2	17	10.5	30	30	33.5
Milk Cointreau Choc 50g		1111.05	2.93	17.51	10.83	23	22.6	48.83
Dark Brandy Choc B 50g		1068	2.13	17.51	10.83	21	20.19	47.63
Milk Carmel Choc B 50g		1093.49	2.93	17.51	10.83	23	22.6	48.83
Dark Orange Choc B 50g		1050.29	2.13	17.51	10.83	23	20.19	47.63
Dark Whole Hazelnut 50g		1162.1	3.54	20.5	9.07	19	18.06	42.7
Milk Whole Hazelnut 50g		1205	4.34	20.5	9.07	21	20.46	43.9
Milk Hazelnut Creme 50g		1089.77	3.18	17.6	10.13	22	21.8	46.75
Dark Peppermeint B 50g		1061.09	2.33	17.509	10.83	21.5	20.8	47.93
Milk Candy Crunch E 50g								
Milk Strawberry Choc 50g		1093.49	2.93	17.51	10.83	23	22.6	48.83
Box of Chocolates								
4 Pieces	100g	2098	5.6	28.5	17.4	55.8	45.5	70
8 Pieces	100g	2209	5.7	34.3	20.9	49.6	46	80
14 Pieces	100g	2209	5.8	33.8	20.2	50.6	43	60
16 Pieces	100g	2211	6	33.9	12.7	50.3	41.5	65
28 Pieces	100g	2208	5.7	36.1	12	48.6	44	80
42 Pieces	100g							

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